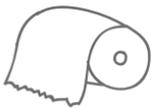


Packing List

1 One roll of toilet paper.



Peace Rob does provide toilet paper. However, public bathrooms do not.

3 Mosquito repellent.



Unless you fancy the idea of giving blood, mosquito repellent should be applied at dawn and at sunset.

5 Tampons and sanitary napkins.



Yes, ladies...this can be a problem. You will be able to find tampons and pads in all of the big cities, but not everywhere in India. So, it is best to plan ahead. From what I hear: more is better.

7 Sun screen.



Peace Rob is of a caramel complexion and even he has experienced sunburn. As most Malayalis—the people of Kerala—are very dark, it is difficult to find good sun screen in the region.

9 Ear Plugs.



India is a noisy place... unless, however, you happen to be staying at The Sand Castle. If you want to get some rest on any of those overnight buses and trains, then a pair of earplugs is of the utmost importance.

11 Travel cutlery and utensils.



India is a noisy place... unless, however, you happen to be staying at Peace Rob's Lodge and Spa. If you want to get some rest on any of those overnight buses and trains, then a pair of earplugs is of the utmost importance.

13 Flashlight.



Although the power does not fail as frequently as it used to, it does still fail regularly.

15 Rain jacket and possible rain cover for backpack.



Unless you are here from December to March, it might rain on you.

2 Hand sanitizer.



Although I do not really believe in this stuff myself, there are times when you might relish some. On the bus or the train, for instance.

4 One small summer sleeping bag.



This item is particularly important for those travelers who will be taking buses and trains. Even though the days might be very warm, sleeper trains and buses tend to get quite cold.

6 One warm sweater.



See: above .

8 MP3 player.



This will keep you entertained on those long bus rides and train journeys.

10 Neck pillow.



If you are going to be traveling by bus or by train, you will be thankful that you brought one.

12 First Aid Kit.



Due to India's humid climate, a small scratch can sometimes turn into a serious infection. However, you will have no problem finding a good disinfectant in India.

14 Duty-free liquor.



Take advantage of the last time you will find good alcohol, should you need it. Kerala only sells locally produced liquor, so your normal international brands are missing here.

16 Travel speakers.



I promise you will have at least one hotel room party ... by yourself ;)